



## **Testimony of Cindy Crandell R.N.**

### **Functional Medicine Nutritionist, Nuvview Nutrition LLC, 248-766-2210**

I am Cindy Crandell a Registered Nurse, Functional Medicine Nutritionist and owner of Nuvview Nutrition in Clarkston, MI. I have over 20 years' combined experience in conventional and functional medicine. Nuvview Nutrition was established in 1999 I currently have 5 employees with plans to add additional staff in 2015.

Nuvview Nutrition works with clients to reverse and delay chronic illness through customized nutritional plans. Based on clients self-reported complaints we develop a nutritional plan that helps these clients feel better and prevents them from moving into a chronic disease state. To accomplish this practitioners need the ability & freedom to discuss with the client how the body got to this point and what can and needs to be done to move toward wellness. A key piece to this is to discuss nutrition specific to their situation. Under the existing law giving this kind of individualized nutrition advice to prevent the progression of symptoms into a more chronic disease will be illegal for most who are not registered dietitians.

Chronic illness starts years before it becomes a disease with symptoms that may be very minor everyday things most people just live with. By addressing symptoms early in this process it can prevent clients from acquiring disease later. We need to empower our clients by making them knowledgeable about their health and give them the tools to change it. But the existing law captures this kind of preventive care and makes it part of the scope that only licensed practitioners can do, under the Michigan law that will be almost exclusively RD's despite thousands of others who are trained and qualified to give this kind of education.

We have an undisputed health crisis in America. At the same time people have access to more in-depth information about their health and how they can feel better, maintain wellness and prevent disease later. This law blocks individuals from taking this responsibility for their own health by medicalizing the process and making it illegal for them to choose who they believe can best help guide, educate and support them with the nutrition advice based on their specific situations.

# Reviews

RateABiz.com Summary

Total Reviews  
**15**

Average Rating  
**★★★★**

Embed This on Your Website

[View Your Adversite](#)

[View RateABiz.com](#)

[Request Reviews](#)

**100%**  
of Reviewers Would  
Recommend You



Filter by: All

Date	Rating	Review
6/27/14 Published on RateABiz Displayed on Website	★★★★ Rebecca Knoll	<p><b>Cindy Crandall &amp; NuView Nutrition</b></p> <p>I met with Cindy Crandall at NuView Nutrition seeking help for inflammation and pain management. Through Cindy's nutritional counseling, along with her continuous and relentless determination in improving my health, my inflammation has been dramatically reduced and the reduction in pain that I had been living with for many years has been incredible. Recently Cindy was able to alleviate my restlessness and anxiety as well. I trust Cindy as my FIRST resource for health-related issues; her guidance has always taken me in the right directions. I have been a patient for a little over 2 years and feel healthier and stronger than I have in 10 years. I have referred over 5 friends to Cindy and they are equally satisfied. If you are serious about your health, this is the practice for you!</p> <p>Make this review powerful by responding about your service.</p>
5/29/14 Published on RateABiz Displayed on Website	★★★★ Ashley Heiler	<p><b>Nuview Nutrition has changed my life!</b></p> <p>For six years I have struggled with Fructose Intolerance, Gastroparesis, Hypoglycemia, and GERD. I became very ill vomiting and having bowel movements anywhere from 10 to 15 times a day and lost over 40 pounds this resulting in vitamin deficiencies and all kinds of other issues. After going from doctor to doctor and finding no answers or help a family friend referred me to Nuview Nutrition...that was the best phone call I had ever made! It has now been almost 8 months since I started seeing Cindy and I couldn't even tell you the last time I felt this good my vitamin levels and weight are finally steady and my symptoms are under control. I cannot thank Nuview and the staff enough for what they have done for me! I would recommend Nuview Nutrition to anyone whether it be health problems or just trying to lose weight and stay healthy they are truly amazing.</p> <p>Make this review powerful by responding about your service.</p>
5/29/14 Published on RateABiz Displayed on Website	★★★★ Ashley Heller	<p><b>Nuview Nutrition has changed my life!</b></p> <p>For six years I have struggled with Fructose Intolerance, Gastroparesis, Hypoglycemia, and GERD. I became very ill vomiting and having bowel movements anywhere from 10 to 15 times a day and lost over 40 pounds this resulting in vitamin deficiencies and all kinds of other issues. After going from doctor to doctor and finding no answers or help a family friend referred me to Nuview Nutrition...that was the best phone call I had ever made! It has now been almost 8 months since I started seeing Cindy and I couldn't even tell you the last time I felt this good my vitamin levels and weight are finally steady and my symptoms are under control. I cannot thank Nuview and the staff enough for what they have done for me! I would recommend Nuview Nutrition to anyone whether it be health problems or just trying to lose weight and stay healthy they are truly amazing.</p> <p>Make this review powerful by responding about your service.</p>
5/29/14 Published on RateABiz Displayed on Website	★★★★ Sabrina Parks	<p><b>Satisfied</b></p> <p>All my problems were solved! It was a great experience working with Cindy, she is so knowledgeable and passionate about resolving any problems I was experiencing. It was a great choice to begin seeing her. I encourage all to do the same</p>

Rating

Review

Make this review powerful by responding about your service.

★★★★

Yvonne  
Wiedemann

**I'm hooked**

Nu View Nutrition has given me the tools to be in control of my diet and health instead of it controlling me!

Make this review powerful by responding about your service.

★★★★

Vicki Laurin

**Nuview Nutrition has given me a new lease on life.**

When I made my first apt. with Cindy Crandall at Nuview Nutrition I was a phone call away from having gastric by pass surgery. I was a diabetic of 12 years with numbers reaching the high 300's even on an insulin pump. I was overweight with Rheumatoid arthritis and many other health problems. Cindy impressed me by saying she would guarantee me success if I would stay on her program. It was something I couldn't turn down. Within 2 weeks my blood sugar numbers had come down over 200 points to the mid 140's and the first month I lost over 10 lbs. And the best part is that I wasn't hungry. It has now been a little over 4 months and I have lost 28 lbs and I have decreased my insulin from 2.70 to 1.80 in my insulin pump. It may not seem like a big weight loss, but for a diabetic on insulin it is GREAT. I am truly on the road to a new life and my goal is to be taken off the insulin pump and take an oral medication along with more weight loss. I know I can do it!

Make this review powerful by responding about your service.

★★★★

Sarah Boston

**Customized is Key!**

Being a college student made healthy eating and managing stress extra difficult. Cindy completely took into consideration the fact that my life was chaotic. She taught me what to eat and how to space it out between classes so that my body would utilize nutrients to the full potential. She even taught me ways to cope with college stresses. Cindy didn't just see me as a client... she truly saw me as a person and was there to help me in many ways. Going to Nuview Nutrition is so much more than just seeing a nutritionist. Hail to healing!

Make this review powerful by responding about your service.

★★★★

Joan Greenwald

**Great Information!**

I learned so much about how foods work to make me a more healthy person. Terri even taught me how to help my arthritis pain by deleting certain foods (veggies) from my daily regimen. Amazingly, those particular foods are what I was eating all the time because they are good choices-just not for someone with arthritis! I lost a total of 49 pounds in about 5 months, but the more important thing is to know how to manage and sustain that weight loss. I am on the maintenance phase right now and I am doing great! I have lost weight in large amounts before, but I haven't been able to keep the weight off. I am sure I will be able to keep this weight off now. The office staff at Nuview Nutrition was always willing and able to accommodate my questions and never made me feel like I was a pest. I feel so much better! Thank you!!

Make this review powerful by responding about your service.

★★★★

Kelly Morgan

**PCOS**

My husband and I had been trying to start a family for over a year before meeting Cindy. I was diagnosed with PCOS, and was not able to ovulate on my own. Meeting Cindy and her team at NuView changed everything for me. With diet modification (eliminating gluten and dairy) and the amazing support of the NuView staff I lost 20 lbs, my insulin levels were within normal range and I began ovulating on my own! My energy levels were through the roof and meal planning became a habit! Within 6 months I was pregnant with my first child and am expecting a baby boy in August! I am truly grateful for the knowledge and support I received!! It has been such a blessing for my family and !!

Make this review powerful by responding about your service.

Rating

Review

Make this review powerful by responding about your service

★★★★

Cindy Brookes

**Finally, help and guidance that works!!!**

Like many people in their 60s, I found it almost impossible to lose weight, gain energy and feel strong. I worked out, watched my diet and tried to sleep well. After starting with the NuView program, I am losing weight, feeling stronger and healthier than I have in years, and sleeping well!! I really appreciate seeing the results on paper as well with the test results that they review with you each visit. It's encouraging to see improvement in what's going on inside your body as well as outside. I am also weaning off of the pharmaceutical meds for cholesterol and HRT and using all natural products and feeling so much better with no side effects. I highly recommend getting at least a consultation and deciding if it's right for you. It takes commitment, but if what you're doing now isn't working, why not try it?

Make this review powerful by responding about your service.

★★★★

Kathleen Ploss

**Life Changing**

My husband was the one who started me on this Journey. Back in July of 2013 I didn't really think I ate too bad. I was working out, but not enough. I really didn't push myself. I hadn't been on the scale in a few years. I didn't really want to know. My clothes didn't lie. I was a size 14-16 X-large. So, when my husband said we could go together, I said ok. Cindy put me on my own diet plan, and helped me with the right supplements. Well, fast forward to December of 2013... I'm down 45 lbs. And never ever felt better! I'm working out much better too. So, Thanks just doesn't seem to be enough. I've referred some friends as well.

Make this review powerful by responding about your service.

★★★★

Dave VanEpps

**Life changing in six weeks!**

Having been considered in the high risk category for cardiovascular disease, I had tried diet and exercise on my own for years. No luck. I was skeptical, but after a visit with Nuview Nutrition, I began following their recommendations. Weight started falling off me, and my doctor looked at my bloodwork six weeks later and was amazed. All of my key risk factors for cardiovascular disease were now within normal limits! The staff is amazing, and I would highly recommend that anyone seeking this type of transformation at least try Nuview.

Make this review powerful by responding about your service.

★★★★

Monica Farmer

I have been going to Nuview for about 2 months now and I couldn't be happier! I have suffered with irritable bowel for the last 10 years and low energy and poor immune function my entire life. I have been to doctor after doctor only to be told that there is nothing wrong and therefore nothing they can do for me. When I found Nuview I was at the end of my rope and really starting to believe that I was just crazy. Cindy actually listened to me and understood my problems and designed a program based on the way I was feeling, not what my test results said. In 2 short months, my irritable bowel symptoms have resolved and my energy levels are steadily increasing. As an added bonus to feeling great, I have also lost 15 lbs and 14.75 inches. Calling Nuview was easily one of the best decisions I have made for myself and has been worth every penny. If you are suffering with any of these issues, I highly recommend you visit Nuview, you will not regret it!

Make this review powerful by responding about your service.

★★★★

Rebecca Knoll

**Nuview Nutrition**

Cindy and staff are sincerely dedicated to wellness through nutrition. For me personally, I live a more pain free and inflammation free life now and can participate in activity I hadn't for years. Thanks NuView!

Rating

Review

★★★★

Laurie Mundy

**AMAZING RESULTS**

ALL of my goals are being met and have been taken very seriously by the staff at Nuview Nutrition LLC. Nuview has exceeded my expectations! If you start a program with Nuview and are serious about making changes in your lifestyle, I truly believe you will have significant results just as I have had! My quality of life has improved immensely! A HUGE thank you to all Nuview Nutrition LLC staff!

Make this review powerful by responding about your service.