

# MEDICAID POLICY INFORMATION SHEET

**Policy Analyst:** Matthew Seager

**Phone Number:**

Initial

Public Comment

Final

**Brief description of policy:**

The purpose of this policy is to revise the Intensive Crisis Stabilization for Children services section of the Behavioral Health and Intellectual and Developmental Disability Supports and Services chapter within the Medicaid Provider Manual. Revisions provide clarification of services to expand to 24 hours a day, 7 days a week (24:7) availability and further match the policy to best practice national models.

**Reason for policy (problem being addressed):**

To address MI Kids Now best practice recommendations.

**Budget implication:**

budget neutral

will cost MDHHS \$ Unknown, and is budgeted in current appropriation

will save MDHHS \$

**Is this policy change mandated per federal requirements?**

No

**Does policy have operational implications on other parts of MDHHS?**

Yes - Behavioral Health and Developmental Disabilities Administration

**Does policy have operational implications on other departments?**

No

**Summary of input:**

controversial Some providers disagree that 24/7 availability is needed; there are also concerns with workforce shortage.

acceptable to most/all groups

limited public interest/comment

**Supporting Documentation:**

State Plan Amendment Required: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Public Notice Required: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
If Yes, please provide status:	If yes, Submission Date:
<input type="checkbox"/> Approved <input type="checkbox"/> Pending <input type="checkbox"/> Denied	
Date:                      Approval                      Date:	

<b>DRAFT FOR PUBLIC COMMENT</b>  <b>Michigan Department of Health and Human Services</b>		
	<b>Project Number:</b> 2151-BHDDA	<b>Date:</b> January 14, 2022

**Comments Due:** February 18, 2022  
**Proposed Effective Date:** April 1, 2022  
**Direct Comments To:** Matt Seager  
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**E-Mail Address:** [SeagerM@michigan.gov](mailto:SeagerM@michigan.gov)  
**Phone:** 517-643-3746 **Fax:**

<p><b>Policy Subject:</b> Updates to Intensive Crisis Stabilization for Children (Mobile Crisis Service)</p> <p><b>Affected Programs:</b> Medicaid</p> <p><b>Distribution:</b> Prepaid Inpatient Health Plans (PIHP), Community Mental Health Services Programs (CMHSPs)</p> <p><b>Summary:</b> The purpose of this policy is to revise the Intensive Crisis Stabilization for Children services section of the Behavioral Health and Intellectual and Developmental Disability Supports and Services chapter within the Medicaid Provider Manual. Revisions provide clarification of services to expand to 24 hours a day, 7 days a week (24:7) availability and further match the policy to best practice national models.</p> <p><b>Purpose:</b> To address MI Kids Now best practice recommendations</p> <p><b>Cost Implications:</b> This change is covered from cost appropriations recently allocated for children's crisis care.</p> <p><b>Potential Hearings &amp; Appeal Issues:</b> None identified.</p>
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<b>State Plan Amendment Required:</b> Yes <input type="checkbox"/> No <input checked="" type="checkbox"/> <b>If yes, date submitted:</b>	<b>Public Notice Required:</b> Yes <input type="checkbox"/> No <input checked="" type="checkbox"/> <b>Submitted date:</b>
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<b>Tribal Notification:</b> Yes <input type="checkbox"/> No <input checked="" type="checkbox"/> - <b>Date:</b>
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<b>THIS SECTION COMPLETED BY RECEIVER</b>
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<input type="checkbox"/> <b>Approved</b>	<input type="checkbox"/> <b>No Comments</b>
<input type="checkbox"/> <b>Disapproved</b>	<input type="checkbox"/> <b>See Comments Below</b>
	<input type="checkbox"/> <b>See Comments in Text</b>

<b>Signature:</b>	<b>Phone Number</b>
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<b>Signature Printed:</b>
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<b>Bureau/Administration</b> <i>(please print)</i>	<b>Date</b>
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# Proposed Policy Draft

Michigan Department of Health and Human Services  
Health and Aging Services Administration

**Distribution:** Prepaid Inpatient Health Plans (PIHP), Community Mental Health Services Programs (CMHSPs)

**Issued:** March 1, 2022 (Proposed)

**Subject:** Updates to Intensive Crisis Stabilization for Children (Mobile Crisis Service)

**Effective:** April 1, 2022 (Proposed)

**Programs Affected:** Medicaid

The purpose of this bulletin is to revise the Intensive Crisis Stabilization Services – Children’s Services section of the Behavioral Health and Intellectual and Developmental Disability Supports and Services Chapter within the MDHHS Medicaid Provider Manual. Revisions provide clarification of services to expand to 24 hours a day, 7 days a week (24:7) availability and further match the policy to best practice national models.

Intensive crisis stabilization services are structured treatment and support activities provided by a mobile intensive crisis stabilization team that are designed to promptly address a crisis situation in order to avert a psychiatric admission or other out-of-home placement, or to maintain a child or youth in their home or present living arrangement. These services must be available 24:7 to children or youth with serious emotional disturbance (SED) and/or intellectual/developmental disabilities (I/DD), including autism, or co-occurring SED and substance use disorder (SUD).

A crisis situation means a situation in which at least one of the following applies:

- To prevent/reduce the need for care in a more restrictive setting (e.g., inpatient psychiatric hospitalization, detention, etc.) by providing community-based crisis intervention, stabilization and resource development;
- To effectively engage, assess, deliver and plan for appropriate interventions to minimize risk, aid in stabilization of behaviors, and improve functioning; and/or
- To facilitate the child’s or youth’s and parent’s/caregiver’s ability to access any identified community-based supports, resources and services.

### **Qualified Staff**

Intensive crisis stabilization services must be provided by a mobile intensive crisis stabilization team consisting of at least two staff who travel to the child or youth in crisis. One team member must be a Master's-prepared Child Mental Health Professional (CMHP) (or Master's-prepared Qualified Intellectual Disabilities Professional [QIDP], if applicable) and the second team member may be another professional or paraprofessional under appropriate supervision. Paraprofessionals must have work experience with providing services to children with SED and/or I/DD.- Peer parents and young adult peers with lived experience can also be paraprofessionals. Team members must have real-time access to an on-call prescriber (i.e., psychiatrist), as needed. At minimum, all team members must be trained in crisis intervention and de-escalation techniques.

### **Location of Services**

Intensive crisis stabilization services are to be provided in the home or community at the preference of the parent/caregiver to alleviate the crisis situation, and to permit the child or youth to remain in their usual home and community environment.

### **Exceptions**

Intensive crisis stabilization services may not be provided in:

- Inpatient settings;
- Jails or detention centers; or
- Residential settings (e.g., Qualified Residential Treatment Providers, Child Caring Institutions, Crisis Residential).

### **Individual Plan of Service**

The child or youth, parent/caregiver, and the relevant ongoing treatment team members must revisit the current individual plan of service and the crisis and safety plan and make adjustments where necessary to address current treatment needs. Mobile team members are expected to participate in short-term treatment planning while they are involved with the family with consent by the family. If the child or youth is not yet a recipient of CMHSP services but is eligible for such services, the follow-up plan must include appropriate referrals to mental health assessment and treatment resources and any other resources the child or youth and parent/caregiver may require.