

MEDICAID POLICY INFORMATION SHEET

Policy Analyst: Matthew Hambleton

Email: hambletonm@michigan.gov

Initial ☒

Public Comment ☐

Final ☐

Brief description of policy:

Michigan Medicaid currently covers maternal depression screens up to 6 months of age of the child in accordance with early and periodic screening, diagnosis and treatment requirements. Pursuant to Public Act 246 of 2024 Michigan Medicaid is updating and expanding coverage to include maternal depression and/or mental health screenings for individuals who have given birth at follow-up appointments or well child visit during the postpartum period. Policy implementation is contingent upon the Centers for Medicare & Medicaid Services State Plan Amendment approval.

Reason for policy (problem being addressed):

To update and expand coverage of maternal depression and/or mental health screenings for individuals 12 months postpartum.

Budget implication:

- ☒ budget neutral
☐ will cost MDHHS \$, and (select one) budgeted in current appropriation
☐ will save MDHHS \$

Is this policy change mandated per federal requirements?

No.

Does policy have operational implications on other parts of MDHHS?

No.

Does policy have operational implications on other departments?

No.

Summary of input:

- ☐ controversial (Explain)
☒ acceptable to most/all groups
☐ limited public interest/comment

Supporting Documentation:

State Plan Amendment Required: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No			Public Notice Required: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	
If Yes, please provide status:				
<input type="checkbox"/> Approved	<input type="checkbox"/> Pending	<input type="checkbox"/> Denied	If yes,	
Date:	Approval	Date:	Submission Date:	

DRAFT FOR PUBLIC COMMENT Michigan Department of Health and Human Services		
	Project Number: 2542-Maternal	Date: September 12, 2025

Comments Due: October 17, 2025
Proposed Effective Date: January 1, 2026
Direct Comments To: Matthew Hambleton
E-Mail Address: hambletonm@michigan.gov
Phone:

Fax:

Policy Subject: Expanded Coverage of Maternal Depression and/or Mental Health Screenings Affected Programs: Medicaid, MICHild Distribution: All Providers Summary: Michigan Medicaid currently covers maternal depression screens up to 6 months of age of the child in accordance with early and periodic screening, diagnosis and treatment requirements. Pursuant to Public Act 246 of 2024, Michigan Medicaid is updating and expanding coverage to include maternal depression and/or mental health screenings for individuals who have given birth at follow-up appointments or well child visits during the postpartum period. Policy implementation is contingent upon the Centers for Medicare & Medicaid Services State Plan Amendment approval. Purpose: To update and expand coverage of maternal depression and/or mental health screenings for individuals 12 months postpartum. Cost Implications: Budget neutral Potential Hearings & Appeal Issues: Michigan Public Act 246 of 2024

State Plan Amendment Required: Yes <input checked="" type="checkbox"/> No <input type="checkbox"/> If yes, date submitted:	Public Notice Required: Yes <input type="checkbox"/> No <input checked="" type="checkbox"/> Submitted date:
---	--

Tribal Notification: Yes ☒ No ☐ - **Date:** July 2, 2025

THIS SECTION COMPLETED BY RECEIVER

<input type="checkbox"/> Approved	<input type="checkbox"/> No Comments
	<input type="checkbox"/> See Comments Below
<input type="checkbox"/> Disapproved	<input type="checkbox"/> See Comments in Text

Signature:	Phone Number
-------------------	---------------------

Signature Printed:

Bureau/Administration (please print)	Date
---	-------------

Proposed Policy Draft

Michigan Department of Health and Human Services
Health Services

Distribution: All Providers

Issued: December 1, 2025 (Proposed)

Subject: Expanded Coverage of Maternal Depression and/or Mental Health Screenings

Effective: January 1, 2026 (Proposed)

Programs Affected: Medicaid, MICHild

NOTE: Implementation of this policy is contingent upon approval of the State Plan Amendment (SPA) by the Centers for Medicare & Medicaid Services (CMS).

Pursuant to Public Act 246 of 2024 (PA 246) this bulletin is updating and expanding coverage of maternal depression and/or mental health screenings for individuals 12 months postpartum. PA 246 requires mental health screenings for individuals who have given birth at follow-up appointments or well child visits during the postpartum period if the health professional is seeing the individual in a pediatric or obstetric and gynecological setting and the health professional determines at the follow-up appointment or well child visit that a mental health screening is appropriate for the individual. Healthcare providers in other settings (e.g., family practice or internal medicine) may also provide mental health screenings following the same process when appropriate.

Michigan Medicaid covers early and periodic screening, diagnosis and treatment (EPSDT) services, including maternal depression screenings, in accordance with the American Academy of Pediatrics (AAP) periodicity schedule, its components, and medical guidelines. The AAP periodicity schedule indicates a maternal depression screening is to be performed during each EPSDT well child visit beginning by one month of age and up to 6 months of age of the child. In accordance with PA 246, Michigan Medicaid is expanding coverage for maternal depression and/or mental health screenings for individuals who have given birth, conducted at follow-up appointments or well child visits to 12 months postpartum.

A maternal depression and/or mental health screening conducted by a health professional using an evidenced-based validated and standardized screening tool, such as the Edinburgh scale, assesses an individual's maternal mental health, depression, or other postpartum risk factors. When the maternal depression and/or mental health screening is conducted during the child's visit, the service should be reported under the child's Medicaid ID number as it is considered a service rendered for the benefit of the child. The child's primary care provider (PCP) may bill Current Procedural Terminology (CPT) code 96161. When the maternal

depression and/or mental health screening is conducted by a practitioner during a visit for the postpartum individual such as, but not limited to, a follow-up visit in a primary care or obstetric and gynecological setting, the service should be reported under the postpartum individual's Medicaid ID number. In this instance, the practitioner may bill CPT code 96127.

If the child's PCP or other health professional determines that a postpartum individual may be in need of mental health resources in addition to a mental health screening, the health professional may provide the individual with mental health resources including:

- Information regarding postpartum mental health conditions and their symptoms;
- Treatment options for postpartum mental health conditions;
- Referrals considered appropriate by the health professional for the individual; and
- Any additional supports, services, or information considered appropriate by the health professional to support the individual.