

Rep. Yanez offered the following resolution:

House Resolution No. 113.

A resolution to declare May 12, 2013, as Fibromyalgia Awareness Day in the state of Michigan.

Whereas, Fibromyalgia is a complex chronic pain disorder that affects an estimated 10 million Americans and approximately 3 to 6 percent of the population worldwide; and

Whereas, While it occurs most often in women, it strikes men and children and all ethnic backgrounds; and

Whereas, For those with severe symptoms, fibromyalgia can be extremely debilitating and interfere with basic daily activities; and

Whereas, Fibromyalgia often occurs following a physical trauma, such as an acute illness or injury, which may act as a trigger in the development of the disorder. Recent studies have suggested that afflicted patients have generalized disturbance in pain processing and an amplified response to stimuli that would not ordinarily be painful in healthy individuals; and

Whereas, There is no known cure for fibromyalgia. Treatment focuses on relieving symptoms and improving function. A variety of prescription medications are often used to reduce pain levels and improve sleep; and

Whereas, Spreading awareness of the symptoms of fibromyalgia can help put an end to the lack of understanding individuals face. Education and awareness of fibromyalgia will help to decrease the number of countless instances of mistreatment and misdiagnosis that patients encounter; now, therefore, be it

Resolved by the House of Representatives, That the members of this legislative body declare May 12, 2013, as Fibromyalgia Awareness Day in state of Michigan. We encourage all citizens to help educate and support family, friends, and neighbors who have been diagnosed with fibromyalgia as an expression of support and compassion to fight this dreadful pain disorder. By increasing awareness of the risk factors and taking direct actions to reduce them, we can enable those who suffer from the disorder to live more peacefully.