

# MICHIGAN SENATE

## Senate Resolution No. 7

Offered by Senators Johnson, Geiss, McMorrow, Moss, Santana and Theis

### A RESOLUTION TO RECOGNIZE FEBRUARY 2023 AS AMERICAN HEART MONTH AND FEBRUARY 3, 2023, AS "NATIONAL WEAR RED DAY"

WHEREAS, Cardiovascular disease affects men, women, and children of every age and race in the United States (U.S.); and

WHEREAS, From 2019-2020, deaths from heart disease increased by 4.8 percent, the largest increase in heart disease deaths since 2012, while stroke deaths increased by 6 percent. Cardiovascular disease continues to be the leading cause of death in the U.S.; and

WHEREAS, In 2015, cardiovascular disease accounted for \$555 billion in health care expenditures and lost productivity, and by 2035, cardiovascular disease will account for over \$1 trillion in health care expenditures and lost productivity annually; and

WHEREAS, The global COVID-19 disease pandemic poses significantly high risk to individuals with cardiovascular disease and risk factors; and

WHEREAS, Individuals in the U.S. have made great progress in reducing the death rate for cardiovascular disease, but this progress has been more modest with respect to the death rate for cardiovascular disease in women and minorities; and

WHEREAS, Cardiovascular diseases are the number one killer of women in the U.S., killing more women than all forms of cancer combined. Cardiovascular disease is also the leading cause of maternal death in the U.S., or more simply put, heart disease is the number one killer of new moms; and

WHEREAS, Women, especially Black and Hispanic women, are disproportionately impacted by heart disease and stroke, and research shows heart attacks are on the rise in younger women. Yet, younger generations of women, also known as Gen Z and Millennials, are less aware of their greatest health threat, including knowing the warning signs of heart attacks and strokes; and

WHEREAS, Ninety percent of women have one or more risk factors for developing heart disease or stroke; and

WHEREAS, Women are less likely to call 911 for themselves when experiencing symptoms of a heart attack than if someone else were having a heart attack; and

WHEREAS, The American Heart Association's Go Red for Women<sup>®</sup> movement motivates women to learn their family history and to meet with a health care provider to determine their risk for cardiovascular disease and stroke; and

WHEREAS, Women involved with the Go Red for Women<sup>®</sup> movement live healthier lives; and

WHEREAS, "National Wear Red Day" encourages women to take control of their heart health by understanding and managing these five numbers:

1. Total Cholesterol;
2. HDL (good) Cholesterol;
3. Blood Pressure;
4. Blood Sugar;
5. Body Mass Index (BMI); and

WHEREAS, The American Heart Association celebrates February 2023 as American Heart Month by promoting cardiovascular education, awareness, and by encouraging citizens to learn the warning signs of a heart attack and stroke; now, therefore, be it

RESOLVED BY THE SENATE, That the members of this legislative body recognize February 2023 as American Heart Month and February 3, 2023, as "National Wear Red Day"; and be it further

RESOLVED, That we recognize the importance of the ongoing fight against cardiovascular disease by applauding the citizens across the country who wear red on February 3, 2023 to show their support for women's health; and be it further

RESOLVED, That by increasing awareness, speaking out about heart disease, and empowering women to reduce their risk for cardiovascular disease and stroke, we can save thousands of lives each year.

Adopted by the Senate, February 2, 2023.



Secretary of the Senate