

## SENATE RESOLUTION NO. 7

Senator Johnson offered the following resolution:

1           A resolution to recognize February 2023 as American Heart  
2 Month and February 3, 2023, as "National Wear Red Day".

3           Whereas, Cardiovascular disease affects men, women, and  
4 children of every age and race in the United States (U.S.); and

5           Whereas, From 2019-2020, deaths from heart disease increased  
6 by 4.8 percent, the largest increase in heart disease deaths since  
7 2012, while stroke deaths increased by 6 percent. Cardiovascular  
8 disease continues to be the leading cause of death in the U.S.; and

9           Whereas, In 2015, cardiovascular disease accounted for \$555  
10 billion in health care expenditures and lost productivity, and by  
11 2035, cardiovascular disease will account for over \$1 trillion in  
12 health care expenditures and lost productivity annually; and

1           Whereas, The global COVID-19 disease pandemic poses  
2 significantly high risk to individuals with cardiovascular disease  
3 and risk factors; and

4           Whereas, Individuals in the U.S. have made great progress in  
5 reducing the death rate for cardiovascular disease, but this  
6 progress has been more modest with respect to the death rate for  
7 cardiovascular disease in women and minorities; and

8           Whereas, Cardiovascular diseases are the number one killer of  
9 women in the U.S., killing more women than all forms of cancer  
10 combined. Cardiovascular disease is also the leading cause of  
11 maternal death in the U.S., or more simply put, heart disease is  
12 the number one killer of new moms; and

13           Whereas, Women, especially Black and Hispanic women, are  
14 disproportionally impacted by heart disease and stroke, and  
15 research shows heart attacks are on the rise in younger women. Yet,  
16 younger generations of women, also known as Gen Z and Millennials,  
17 are less aware of their greatest health threat, including knowing  
18 the warning signs of heart attacks and strokes; and

19           Whereas, Ninety percent of women have one or more risk factors  
20 for developing heart disease or stroke; and

21           Whereas, Women are less likely to call 911 for themselves when  
22 experiencing symptoms of a heart attack than if someone else were  
23 having a heart attack; and

24           Whereas, The American Heart Association's Go Red for Women®  
25 movement motivates women to learn their family history and to meet  
26 with a health care provider to determine their risk for  
27 cardiovascular disease and stroke; and

28           Whereas, Women involved with the Go Red for Women® movement  
29 live healthier lives; and

1           Whereas, "National Wear Red Day" encourages women to take  
2 control of their heart health by understanding and managing these  
3 five numbers:

- 4           1. Total Cholesterol;
- 5           2. HDL (good) Cholesterol;
- 6           3. Blood Pressure;
- 7           4. Blood Sugar;
- 8           5. Body Mass Index (BMI); and

9           Whereas, The American Heart Association celebrates February  
10 2023 as American Heart Month by promoting cardiovascular education,  
11 awareness, and by encouraging citizens to learn the warning signs  
12 of a heart attack and stroke; now, therefore, be it

13           Resolved by the Senate, That the members of this legislative  
14 body recognize February 2023 as American Heart Month and February  
15 3, 2023, as "National Wear Red Day"; and be it further

16           Resolved, That we recognize the importance of the ongoing  
17 fight against cardiovascular disease by applauding the citizens  
18 across the country who wear red on February 3, 2023 to show their  
19 support for women's health; and be it further

20           Resolved, That by increasing awareness, speaking out about  
21 heart disease, and empowering women to reduce their risk for  
22 cardiovascular disease and stroke, we can save thousands of lives  
23 each year.